

WORLD OCEAN DAY

JUNE 8TH

This year's theme for the World Ocean Day is "Protecting 30% of our blue planet by 2030", a vital call to action to conserve and sustainably manage our ocean's resources.

We all love going to the beaches, spending time there relaxing and enjoying with family and friends, but what have we done to preserve it? The ocean covers over 70% of our planet's surface, providing life-supporting benefits to millions of species, including humans. The ocean regulates our climate, produces oxygen, and absorbs carbon dioxide.

Even though the Ocean benefits our lives and basically sustains us, human activities such as overfishing, pollution, and climate change threaten its health and biodiversity.

What can you do?

- Reduce single-use plastics
- Support sustainable seafood
- Participate in clean-up efforts
- Educate and advocate
- Recycle
- Walking, biking or public transportation instead of a car

Whether it's through individual actions or collective initiatives, every effort counts. Together we can make a difference and ensure a healthy and vibrant ocean for future generations.

